



The Right Divorce Solution

Wilmington's Divorce Mediation and Divorce Financial Planning Service

Helpful Books for Parents (available on Amazon) include:

- Helping Your Kids Cope with Divorce the Sandcastles Way - by [M. Gary Neuman](#) and Patricia Romanowski
- The Good Divorce – by [Constance Ahrons](#)
- Mom's House, Dad's House; Making Two Homes for your Child – by [Isolina Ricci](#) Ph.D.
- Putting Children First: Proven Parenting Strategies for Helping Children Thrive Through Divorce - by [JoAnne Pedro-Carroll](#)
- The Truth About Children and Divorce: Dealing with the Emotions So You and Your Children Can Thrive- by [Robert Emery](#) Ph.D.
- Vicki Lansky's Divorce Book for Parents: Helping Your Children Cope with Divorce and Its Aftermath- by [Vicky Lansky](#)

Online Resources for Parents with Children

- [Families Change](#) — A Kids' Guide to Separation and Divorce.
- [A Kid's Guide to Divorce](#) — Article about the basics of divorce written specifically for children.
- [Kids in the Middle](#) — Site with articles and how to help your children cope during and after divorce.
- [Divorce and Teens](#) — Site with specific advice for teens going through divorce.
- [A Teen's Guide to Divorce](#) — Article about the basics of divorce written specifically for teens.

Helpful Books for Children include:

- It's Not Your Fault, Koko Bear: A Read-Together Book for Parents and Young Children During Divorce ([Lansky, Vicki](#))
- Family Changes: Explaining Divorce to Children - [Azmaira Maker, PhD](#)
- Two Homes - by [Claire Masurel](#) and Kady MacDonald Denton
- Dinosaurs Divorce - by [Marc Brown](#)
- Mom's House, Dad's House for Kids: Feeling at Home in One Home or Two - by [Isolina Ricci, PhD](#)
- My Family's Changing by - [Pat Thomas](#)
- Divorce Is Not the End of the World: Zoe and Evan's Coping Guide for Kids - by [Zoe Stern](#) (for older children and teenagers; written by two children)
- The Divorce Express by [Paula Danziger](#) and Ann M Martin
- A Smart Girl's Guide to Her Parents' Divorce: How to Land on Your Feet When Your World Turns Upside Down - by [Nancy Holyoke](#) and Scott Nash